

North Lake Family Trail



This trail is fun for all the family. It will lead you around the peaceful north lake encouraging you to stop and use your senses to take in your surroundings. Be sure to share some photos of your adventure with us!



1

Start from this signpost by the Wakeboarding centre.

How many acres of parkland is Willen Lake set in?

Facing the sign, turn left and head around the north lake in a clockwise direction, always keeping the lake on your right.



2

Stop at the blue water safety sign.

Why is it important to take care at the lake's edge?

3

Visit the bird feeding area. Look at the sign that tells you about the different types of birds you are likely to see here.

How many can you spot?



4

Cross the footbridge and find the green rope climb on the trim trail.

How many gaps are there?

5

Keep going until you reach a small green signpost.

At which place on the signpost would you go to sleep?



6

At the fork in the road, continue straight along the redway and go under the road bridge.

At the next crossroads, go straight ahead.

What colour is the bollard in front of you?



7

Stop and explore The Circle of Hearts Medicine Wheel.

What event was this monument built to welcome in?

Follow the redway and turn right at the junction.

What number is on the green post with red & white stripes?

8

Stop and enjoy the Peace Pagoda. Be peaceful and listen to the sounds around you.

What can you hear?

Walk quietly up the steps until you reach two big stone animals. Can you roar loudly like them?

Stand proud next to the animals and take a photo to share with us. Can you find some sticks to recreate one of the Japanese symbols from the information sign?

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9

Head back to the redway until you reach the white sculpture on your left.

Now find the Labyrinth.

Can you follow the right path to get to the middle and touch the tree?

Can you find the four face stones, what do they represent?

10

See if you can copy the faces and take a photo to share with us.

Find your way back on to the redway and look for the old broken tree surrounded by a fence.

Why do you think we have left this tree here?

Can you estimate how old you think it is?

At the fork in the road, turn right towards the lake and walk past Willen Hospice.



11

Along this stretch you will find some dedicated benches if you need to stop and rest.

Can you read the names on the benches?

12

Stop at the Willen Village sign and see if you can find out what the name "Willen" means. Turn right at the junction and head towards the slopes and the weir.

Look for the Anglian Water sign.

What type of algae might be found here?

How many swans can you count?

Who do you think these ramps might be for?

13

Take your time wandering along the lakeside towards the road bridge until you go down a slope, turn right and cross the footbridge.

This is a good place for spotting herons!

You could try using some sticks to make a view finder. What can you see?

Close your eyes and imagine storing these pictures on your own internal camera roll.

14

At the fork in the path before the road bridge, turn right and follow the woodchip path towards the bird hide.

Stop at the hide and enjoy the wonderful view.

15

Follow the woodchip path back towards the medicine wheel. Stop along the way to make some music with the trees. Use a big stick to play a rhythm on a tree trunk.

Do different trees have different sounds?

Can you play a rhythm for someone else to copy?

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Turn left under the road bridge and follow the redway back to where you started.



Don't forget to share your photos with us:

